

The Atlanta Center for Behavioral Medicine is dedicated to the psychological evaluation and treatment of clients with a myriad of conditions, including health related syndromes. The intervention focuses on the facilitation of a healthy lifestyle. In addition to working with the client, we coordinate care with the referring physician and other care providers as necessary to maximize treatment success. The intervention is goal-directed and problem-focused with the goal being to help the client lead a more fulfilling and productive life. We accept most insurance plans.

Services Offered Include:

- Psychological Evaluation
- Independent Medical Examination
- Evaluation for Bariatric Surgery
- Individual Psychotherapy
- Biofeedback/ Relaxation Training
- Stress Management
- Behavioral Intervention
- Smoking Cessation
- Weight Management

- Patient Education
- Acute and Chronic Pain Management

Conditions Treated Include:

- Affective Disorders (Depression and Anxiety)
- Chronic Pain
- Chronic Medical Conditions
- Adjustment Disorders

Treatment Goals Include:

- Return to a Functional and Productive Lifestyle

- Effectively Cope with Health Syndrome
- Decrease Cost of Medical Care